

Christ Central GROUPS

Spring/Summer 2019



A CHURCH THAT RESOURCES AND RELEASES
PEOPLE INTO THEIR DESTINY AND CALLING
IN JESUS BOTH LOCALLY AND GLOBALLY



Christ Central
GROUPS
Spring/Summer 2019

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WELCOME!

We are passionate about helping people deepen their walk with God and relationships with one another. We believe that discipleship happens most effectively in the context of community and therefore want to encourage everyone who calls Christ Central Church their home to belong to a group. Groups are a great place to make new friendships, to build the relationships that are essential to help each one of us to grow as a follower of Jesus, to join us in our adventure and to have fun!

We run three different types of groups which provide a range of opportunities to get connected in Christ Central. Our Community Groups are the central point of our group life and generally run for 10-12 weeks on a termly basis. Each term there is an opportunity to sign up to the same group as the previous term or try something new. Even if you can't commit to making a group every week, please do still sign up!

By signing up you will still get an opportunity to meet new people, build relationships and be encouraged in faith.

Please do take the time to read through this booklet, make a note of which groups interest you and complete the SIGN UP form on the back page of this booklet. If you have any questions about group life at Christ Central then please do feel free to get in touch. You can email us at groups@christcentralchurch.org.uk or you can phone our office on **020 8676 8616** and ask to speak to Susanne Marston about groups.

Have fun!

GROUPS

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This is an overview of each type of group that runs at Christ Central. We have **Community Groups**, **Connect Groups** and **Equip Groups**. The groups meet on different days of the week and at a variety of times so as to maximise the opportunity for you to join at least one group.

COMMUNITY GROUPS

Christ Central Community Groups are the hub of community life. They are the central point of our group structure and we want to encourage everyone to attend one. Community Groups will be focused on growing together in God by studying the Bible, praying together, giving a chance to grow and use our gifts, provide support, encouragement and friendship. These groups run termly, (approx 10-12 weeks).

[See page 7](#)

CONNECT GROUPS

Christ Central Connect Groups are for everyone and anyone whether Christ Central is your home church or not! They are groups based mainly around an activity or hobby with the purpose to build friendships with those within our wider community. By the nature of these groups only some will follow the termly pattern.

[See page 11](#)

EQUIP GROUPS

Christ Central Equip Groups exist to train and equip the church through courses that explore everything from faith and foundations to discovering our true identity in Christ and our spiritual gifts. These groups will run termly but may not last for the full 10-12 weeks.

[See page 17](#)

*“As iron sharpens iron,
so one person sharpens
another.”*

Proverbs 27:17

3 STEPS TO SIGN UP

- 1 Look through this booklet and choose a group.
- 2 Fill out the Sign Up form at the back of this booklet and hand it in at the information point at Christ Central. Some groups do fill up so sign up asap to avoid missing out.
- 3 Attend your group, be equipped, build relationships and have fun!

[See fold out form on inside back cover](#)



FAQs.

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We have listed here a few commonly asked questions. If however you need to know anything else, please don't hesitate to give us a call on: 020 8676 8616



When are the groups starting?

Community and Equip Groups will be commencing in May and running through until the end of July. Connect Groups do not necessarily follow the termly pattern but have their own schedules.

How can I sign up?

Fill out the Sign Up form at the back of the booklet and hand it in at the Information Point at Christ Central.

What happens after I sign up?

The group leader will contact you to confirm the details of start date, when and where the group will meet and welcome you into the group.

Can I go to more than one group?

Our desire is that those who sign up for any group make it a priority to attend. If you have the time, you are welcome to join more than one group. However, it would be much better to attend one group regularly than two groups inconsistently.

“And let us consider how we may spur one another on toward love and good deeds”

Hebrews 10:24

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Why do groups have a break at the end of each term (10-12 weeks)?

We have found that the 'holiday break' keeps us fresh as it provides a sense of rest in our diaries. Also, taking a break between terms creates space to have meals with others you have built friendships with over the course of the term!

Can I go to the same group each term?

Yes! As long as it is running you can continue in the same group, there is no expectation on anyone to have to change groups, however there is great benefit to exploring new friendships by joining different groups from term to term.

Why do I have to sign up each term?

The whole church engaging with signing up for groups will help those new to Christ Central to get connected into community life more quickly. It also helps us be aware of where people are connecting within the church.

I have another question about groups!

Please visit the Information Point at Christ Central before or after one of our Sunday meetings or email us at groups@christcentralchurch.org.uk

COMMUNITY GROUPS

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LEADER:
Shirley Solley

LOCATION:
Kingshall Road, Beckenham,
SE20

DATE & TIME:
Tuesdays, (fortnightly)
10:00 - 12:00

FOCUS:
Ladies prayer group, enjoying
worship, friendship and focused
prayer for our church, our
leadership and various other
requests.



LEADER:
Chris & Rosie Smith

LOCATION:
Christ Central Church

DATE & TIME:
Wednesdays, 19:45

FOCUS:
A book club studying Andrew
Wilson's "*Incomparable*."



LEADER:
Ron & Sheila Paterson

LOCATION:
Christ Central Church

DATE & TIME:
Thursdays, (fortnightly), 14:00

FOCUS:
Meeting together for friendship,
Bible study, discussion and
prayer. Runs on alternating
weeks to Louise Malcolm's
group.



LEADER:
Louise Malcolm

LOCATION:
Christ Central Church

DATE & TIME:
Thursdays, (fortnightly), 14:00

FOCUS:
Meeting together for friendship,
Bible study, discussion and
prayer. Runs on alternating
weeks to Ron & Sheila
Paterson's group.



LEADER:
Maggie Gomba

LOCATION:
Christ Central Church

DATE & TIME:
Thursdays, (fortnightly), 19:45

FOCUS:
A discipleship group
for women. How not to
compromise our faith in our
daily lives and still not alienate
those whom we hope to reach
with the Gospel? We will be
coming together using Chris
Hodges new book "*The Daniel
Dilemma*" to examine and
discuss some of these dilemmas
and look at possible solutions.



CRYSTAL PALACE GROUP

LEADER:
Sam & Stacey Hailes

LOCATION:
Various

DATE & TIME:
Tuesdays, 19:30

FOCUS:
Christ Central Church is
launching a congregational
plant in Crystal Palace in
September 2019! We will be
meeting for fellowship, fun,
prayer and more. Is God calling
you to join us on this adventure
or maybe you are yet to decide?
If so, this is the group for you!

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COMMUNITY GROUPS

COMMUNITY GROUPS

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LEADER:
Jenny Hemmings

LOCATION:
Eden Park Ave, Beckenham, BR3

DATE & TIME:
Wednesdays, (fortnightly), 20:00

FOCUS:
Where the mind goes, the woman follows. A discipleship group for women of all ages. Fifteen years ago a friend gave me a set of CDs that literally changed my life - why? Because they changed my thinking. Constantly renewing our minds according to God's word is the way we can have the abundant life He promises. If you want to change, this group will help you to renew your mind, change your thinking and change your life. (Spaces are limited – You will need to have completed the "Connect Course" to join this group).



LEADER:
Anne Park

LOCATION:
Thornsett Road, Anerley, SE20

DATE & TIME:
Thursdays, 19:30

FOCUS:
We will study the scriptures relating to Jesus healing ministry and to cry out to him for healings today.

Each week a different person will have the opportunity to lead (if they want to) and share their encouragement with healing scriptures and personal insight. The majority of the time will be praying for each other and friends who would like a healing touch from God. Please join me as we humbly seek the lord in this important area of ministry.



MEN'S TALK

LEADER:
Martin Hemmings and George Steele

LOCATION:
Eden Park Ave, Beckenham, BR3

DATE & TIME:
Thursdays, (fortnightly),
19:45 - 21:30

FOCUS:
Seeking God in a men only group where we can discuss openly how to live a Godly life in the every day.



LEADER:
Chris and Naomi Hall

LOCATION:
Chesham Road, Penge, SE20

DATE & TIME:
Thursdays, 20:00

FOCUS:
We will have a time of worship, Bible study and prayer. Enjoying meeting together, sharing lives, encouraging one another and making new friendships.



LEADER:
Ron & Sheila Paterson

LOCATION:
Pickhurst Mead, BR2 7QP
Bromley

DATE & TIME:
Wednesdays, (fortnightly),
20:00

FOCUS:
Meet together for friendship and Bible study. This term we will be peeking into Isaiah and prayer.

COMMUNITY GROUPS

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CONNECT GROUPS

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ZUMBA

LEADER:
Susanne Marston

LOCATION:
Christ Central Church

DATE & TIME:
Mondays, 20:00 - 21:00

FOCUS:
This friendly fitness class is designed to work the whole body using Latin music and dance. It is a fun way to get fit.

You will be given a warm welcome and will be able to start at whatever pace suits you.

£5 per/week
(first session is **free!**)



PILATES/BODY CONDITIONING

LEADER:
Lorna Malcolm

LOCATION:
Christ Central Church

DATE & TIME:
Wednesdays, 19:30

FOCUS:
This exercise group will combine the benefits of Pilates with conditioning exercises that aim to work your heart and lungs, and tone your muscles, for general health and wellbeing. Each session will be 75 - 90 minutes and will include focus on a Bible verse/prayer, also a discussion of some current health topic. Please wear comfortable clothing and supportive training shoes. Bring a yoga/pilates mat with you if you have one and a small towel. All are very welcome.



WALKING GROUP

LEADER:
Sonji Clarke

LOCATION:
Crystal Palace or Forest Hill Park

DATE & TIME:
Saturdays, 9:00

FOCUS:
The Christ Central walking group is for men and women who want to increase their fitness with a group of like-minded individuals. We have mixed abilities so you will not be left behind. You will have opportunities to pray as you walk and get to know the other members of the group.



MORNING STARS

LEADER:
Michele Solley

LOCATION:
Christ Central Church

DATE & TIME:
Wednesdays, 10:00 - 11:30

FOCUS:
A fun and friendly environment for parents, grandparents and carers to bring their children aged from 0 - 4 years. We have singing, dancing, crafts and other fun games and refreshments.



SILVER SERVICE

LEADER:
Tricia Dyson

LOCATION:
Christ Central Church

DATE & TIME:
Thursdays, 10:30 - 11:30

FOCUS:
All are welcome to come and/or serve and enjoy building friendships amongst the senior members of our local community. Good cake and conversation every week!

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CONNECT GROUPS

**FOOTBALL TEAM****LEADER:****Simon Reynolds****LOCATION:**

Kent County Cricket Ground,
Worsley Bridge Road,
Beckenham BR3

DATE & TIME:**Mondays**, 20:30 -22:00**FOCUS:**

We are a mixed group varying in age (and size!). Anyone from 16 + can come along no matter their footballing ability. We start with distance running and shuttle fitness. Again you can go as quick or as slow as you like.

KICK FOOTBALL**LEADER:****Ben & Becci Lee & Alastair Park****LOCATION:**

Christ Central/Royston Field, SE20

DATE & TIME:**Saturdays**, 09:00 - 10:30 (Term Time)**FOCUS:**

Transforming lives through sport with God's love. Teaching and developing football skills, sharing a weekly biblical message and building relationships with both young people and parents. This is a group for those passionate about local mission and not just for those interested in football. We also have a need for administration and hospitality each week. DBS Required.

**GOLF CLUB****LEADER:****Allan Winslade and Joel Vian****LOCATION:**

Bill Woodman's, Driving Range, 175 Long Lane, CR0 7TE

DATE & TIME:**Wednesdays**, 20:00 - 21:00**FOCUS:**

A Golf group to build relationships within a fun atmosphere and to encourage each other. The group is open to both men and women, beginners or intermediate levels.

Cost: £5 - £7 per week.

There will be two rounds of golf, probably 9 holes on the first occasion around week 6, and a full 18 holes, at the end of the term.

Cost around £20 - £30. Both will be played on a Saturday.



“This is to my Father's glory, that you bear much fruit, showing yourselves to be my disciples.”

John 15: 8

**STITCH THE PERFECT**

LEADER:
Sonji Clarke

LOCATION:
Christ Central Church

DATE & TIME:
Saturdays, (monthly), 15:00 - 17:00

FOCUS:
Whether you are experienced at knitting, crochet or other handcrafts or you always wanted to learn, come along to stitch, chat and create together, having fun and building friendships along the way. With tea and cake to help inspire of course!

**COOKING GROUP**

LEADER:
Natasha Jess Gordon

LOCATION:
Christ Central Church

DATE & TIME:
Thursdays, 19:00 - 21:30

FOCUS:
Ever wanted to know how to cook a simple dish or have friends/family visiting and would love to make something different - but with a recipe you can actually follow! Over approximately 6 weeks, we will make a few basic but delicious meals that you will soon feel confident to make yourself. Come with your apron, a willingness to learn and let's have fun! You will be given a list of ingredients required for the following week and copies of recipes and useful tips!

**COFFEE, CAKE AND LIPSTICK**

LEADER:
Kerry Vian

LOCATION:
Kingswood Rd

DATE & TIME:
Thursdays, 20:00

FOCUS:
Yes, this one's for the ladies!

Do you enjoy catching up with friends over a cup of coffee (or tea!) and a slice of cake? "Coffee, Cake and Lipstick" is a group for ladies of all ages, married or single, who want to make friends, build relationships and enjoy Godly fellowship, whilst having some fun along the way! We'll be sharing testimonies and stories, as well as praying for one another and also sharing lifestyle tips from favourite recipes to favourite lipstick colours! (You know what I mean girls...!).

**CREATIVE CARD MAKING GROUP**

LEADER:
Sue Rendell

LOCATION:
Christ Central Church

DATE & TIME:
Thursdays, 19:15 - 20:30

FOCUS:
This is a group for anyone who would like to make handmade cards that we as a church can send to folk that may need a card of encouragement. We will use whatever materials anyone might have to share, exploring new techniques together. If anyone has art materials they don't need please bring them to church on Sunday morning, for example watercolours and watercolour paper, inks and paintbrushes, colouring pencils.

**CONNECT COURSE**

LEADER:
Richie & Raina Powell

LOCATION:
Christ Central Church

DATE & TIME:
Tuesdays, 19:30

FOCUS:
This 6 week course is for us to get to know each other through some introductory Bible studies that will help to outline what our core theological beliefs are, what our vision is for Christ Central Church and what it means to be a member of the church. We seek to do all this in a fun and relaxed atmosphere, all learning together.

**WORDS OF LIFE**

LEADER:
John Wheeler

LOCATION:
Kingshall Road, BR3

DATE & TIME:
Wednesdays, 20:00

FOCUS:
Words of Life is a four week course that **introduces Christianity** and **challenges unbelief**.

YOUTH

“³⁴A new command I give you: Love one another. As I have loved you, so you must love one another. ³⁵By this everyone will know that you are my disciples, if you love one another.**”**

John 13: 34 - 35

CY FRIDAY NIGHTS

LEADERS AS INDICATED
Fridays, 19:00 - 21:00

Friday Evening Youth Club for ages 11 - 15. You do not have to come to church to come along to club, everyone is welcome!

We play games, listen to music, make food, chill out and much more! It's a great place for young people to hang out, meet new friends and just have fun.

Contact:
ben@christcentralchurch.org.uk
for more information.

BOYS DISCIPLESHIP

LEADER:
Ben Lee

LOCATION:
Christ Central Church

DATE & TIME:
Fridays (fortnightly), 17:00

FOCUS:
For boys aged 14 - 19. Food provided. We'll be going through Francis Chan's "Multiply" series, teaching us to do as Jesus did, "make disciples, who make disciples, who make disciples until the world knows the truth of Jesus Christ."

GIRLS DISCIPLESHIP

LEADER:
Charlotte Amat, Christina Borteye & Emily Hamlin

LOCATION:
Christ Central Church

DATE & TIME:
Tuesdays, (fortnightly), 18:00 - 19:15

FOCUS:
The girls discipleship group is for those aged 11 - 19 who are passionate about wanting to know more about who God is. We meet fortnightly for fellowship, Bible study and prayer. It is an opportunity for all to share worries, celebrate successes and grow in Christ.

OTHER DATES

Sunday 19th May, 19:00
Worship Nights

Sunday 16th June, 19:00
Worship Nights

Wednesday 26th June, 20:00
Regions Beyond Prayer Night

Monday 29th July –
Sunday 4th August
Newday

Friday 27th - 29th September
Carroty Wood



www.christcentral.org.uk

Christ Central Church

Green Lane
Penge
London
SE20 7JA

Tel: 020 8676 8616

Email: info@christcentralchurch.org.uk

Christ Central **GROUPS**

Spring/Summer 2019

SIGN UP FORM

If you would like to attend any of the groups mentioned in this booklet, please fill in the form overleaf, tear off and hand in at the information point in the church foyer.



www.christcentral.org.uk



CHRIST CENTRAL GROUP SIGN UP FORM

Name

Email address

Telephone

COMMUNITY GROUP I would like to attend:

CONNECT GROUPS I would like to attend:

EQUIP GROUPS I would like to attend:

QUESTIONS OR COMMENTS

Please fill in and return to the information point

Tick the box if you DO **NOT** WANT Christ Central to store your information electronically for administrative purposes. Christ Central Church complies with the Data Protection Act 1998.

We will not make your personal details available to any other organisation.

If you are interested in leading a group we would love to hear from you!

I would like to find out more about leading a group at Christ Central in the future.

